

Secondly, the Emmaus scene throws some light on what goes on in the Eucharist. We feast on the word and we celebrate a sacred meal with God. Jesus gives us, not simply ordinary bread, but his very self. Deep down in that mysterious place we call the heart, we are nourished, given food for the journey of life. Our God is a self-giving God! All we need is to be empty and hungry enough to receive God.

Our footsteps all along the paths of our lives, are matched all of life by the footsteps of Jesus. Hearts burned and tears were dried as the risen Lord made his way into the lives of his followers. Prayer gives time for his word to enter deeply into our hearts, burning away selfishness and fear, leaving only the flame of love. Let us all take this time to dwell richly in God's word, and through prayer, quietness with God, allow that word to sink deeply into our hearts and transform our minds.



Prayer Requests

- Peter, Summer, Helen, Lorna, Debbie, Kaye, the vulnerable in our parish, and their families.
- Those affected by COVID 19, especially the sick and dying
- Those worried about loved ones in COVID 19 hotspots.
- Governments and WHO as they discern the way forward.
- Local Healthcare workers and Businesses.
- Four Police Officers killed Wednesday night, their family, friends and colleagues.



Anglican Parish of the Otways Newsletter

The Season of Easter

27th April, 2020

Priest in Charge — Rev'd Jenny Brandon

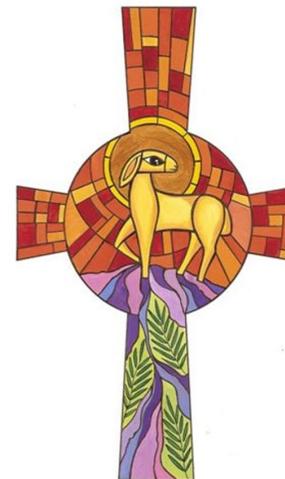
Contact Details

Phone: 5237 6615

Mobile: 0488 433 023

Email: otwayanglicans@gmail.com

Web: otwayanglicans.com



**Anglican Parish of the
Otways**

Dear Brothers and Sisters in Christ,

Greetings in the name of our Risen Lord.

It has been wonderful hearing about how well you are all doing and the many different ways you have celebrated Easter this year. It has certainly been different but meaningful as we reflect in the peace of our homes the great mystery of Easter.

Richard and I had fun decorating the front of St Aidan's to reflect the days of Holy Week and, for those of you unable to drive by to have a look, here is a photo of the evolving display. From comments received, it has been well received by the community.



This week we heard news of a very different birthday celebration for Queen Elizabeth II. But she was not the only lady of note to celebrate a birthday this week. Far more importantly, Freda Martin celebrated her 88th birthday on Tuesday. Happy birthday Freda, we trust you had a lovely day.

ANZAC Day is going to be very different this year too. It will be the first time for many of us that we cannot attend a service. I have included with this letter a poster you can put up in your window to show that this day and all it represents has not been forgotten.

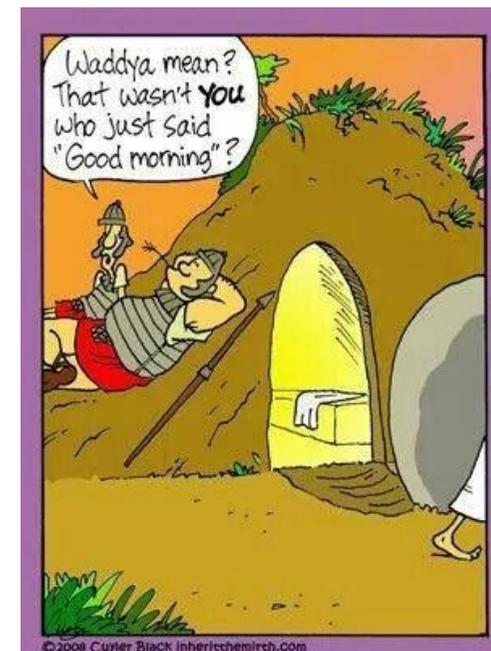
May God richly bless you this week as you faithfully seek to draw closer to him and serve others during these unusual times.

Blessings Jenny

The Lighter Side of Life

Prayer of the Week

O God,
your Son made himself known
to his disciples
in the breaking of bread:
open the eyes of our faith,
that we may see him in his
redeeming work;
who is alive and reigns with you
and the Holy Spirit,
one God, now and for ever.
Amen.



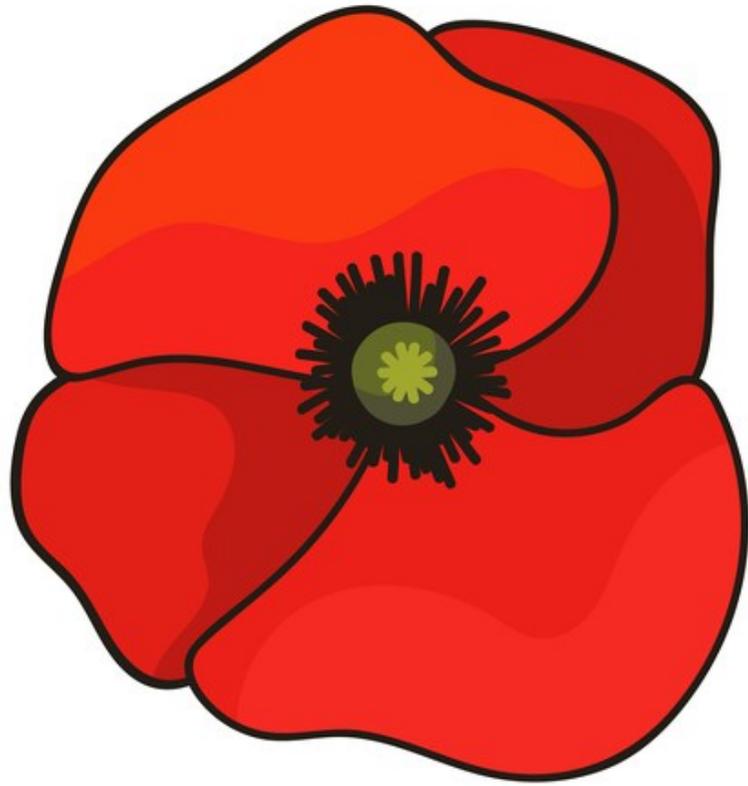
Reading. **Read Luke 24.13-35**

Reflection

Today's gospel spreads some important light on our spiritual life and the practices that are important if we are to grow in our faith and not be overwhelmed.

Firstly, this story throws light on our ways of praying. So often when we are out of sorts we don't know how to pray. We simply cry out in our anguish, much like the disciples reacted when Jesus appeared to not know what had happened in Jerusalem. Prayer starts when we pour our hearts out to him. Remember Jesus walks with us, it's just we don't always recognise him.

Remember a time when you cried out in anguish to God, only to have a thought or a passage of scripture come alive for you, lighten your heart and show you a way to face your problem? Think about this and thank God for how he helped you recognise him walking beside you.



ANZAC DAY

LEST WE FORGET

25 APRIL